

Microbiological quality of selected street foods from Antananarivo on 2016-2017: public health implications

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ABSTRACT

People in a big city as Antananarivo, capital of Madagascar, have leads to take street foods for their daily nutritional needs. This food habits may be a risk for consumers due to contaminations from street environment and bad practices related to hygiene. This study aimed to examine the quality and safety of street vended foods in Antananarivo, on January 2016 to December 2017. Six hundred and sixty two samples including 126 samples of melting salads, 70 beef skewers, 54 chicken skewers, and typical Malagasy foods as : mofoanana (67 samples), mofogasy (64 samples), ramanonaka (64), makasaoka (66), mofoakondro (62) and kobandravina (89); were randomly collected from the street vendors in Antananarivo markets to evaluate their bacteriological quality. International Methods (ISO) was adopted for to find the load of Total Aerobic Bacteria and Enterobacteriaceae, *Escherichia coli* and to search pathogen bacteria as *Salmonella*, *Campylobacter jejuni*, *Escherichia coli* O157H7 and *Bacillus cereus* in these foods. The results revealed that the mean values of the Total Aerobic Bacteria count was 0.1×10^6 - 4.8×10^6 cfu/g. Enterobacteriaceae count range from 0.4×10^2 to 1.9×10^2 cfu/g. *Escherichia coli* count range from 0.04×10^2 cfu/g. to 0.19×10^2 cfu/g. *Salmonella* was only present in melting salads, beef skewers and chicken skewers samples. *Bacillus cereus* count range from 0.1×10^2 to 1.5×10^2 cfu/g. *Campylobacter jejuni* was only present in samples of ramanonaka and kobandravina. Two strains of presumptive *Escherichia coli* O157 H7 (β -glucuronidase -) were isolated. PCR method was used to confirm the identity of these two isolates. A high contamination above 10^6 cfu/g food and the presence of potential pathogens bacteria could be hazardous. Systematic inspections and training of food vendors on food hygiene and application of hazard analysis critical control point (HACCP) has been recognised as measures to guarantee improvement of the quality of street foods.

Keywords: street foods, *Escherichia coli*, *E. coli* O157H7, food borne diseases, Antananarivo, Madagascar, *Campylobacter*, *Bacillus cereus*.

I. INTRODUCTION

Street-vended foods are ready-to-eat foods prepared and sold by vendors on streets or public places for fast consumption (14).

The street food is a growing sector in many developing countries. They provide a source of inexpensive and nutritional meals, although providing a source of income for the vendors (29).

Anyway, street vended food products may represent a risk due to inadequate personnel hygiene of vendors, the bad condition at which it produced, in as using raw materials of bad quality. Such contamination may render the product of inferior quality or unfit for human consumption (31).

It has been shown that Street-vended foods have been implicated in outbreaks of foodborne illnesses all around the world. In Madagascar, there was three food bornediseases due to *Salmonella typhi* reported on 2015-2016 and *Escherichia coli* was identified as responsible of so many infections and toxi-infections on 2017 (31, 33).

Escherichia coli, *Salmonella* and *Campylobacter jejuni* have recognized as a serious bacteria pathogen and has been associated with several out breaks of disease. In Madagascar, there is no available data about these bacteria and street foods. Therefore, this study was led to evaluate the microbial quality of street vended foods in Antananarivo, capital city of Madagascar on January 2016 to December 2017.

II. MATERIAL AND METHODS

Collection of samples

Six hundred and sixty two samples including 126 samples of melting salads, 70 beef skewers, 54 chicken skewers, and typical Malagasy foods as : Mofoanana (67 samples), Mofogasy (64 samples), Ramanonaka (64), Makasaoka (66), Mofoakondro (62) and Kobandravina (89); were randomly collected from the street vendors in Antananarivo markets. Samples were sent to the laboratory within two hours after collection in a cold-box containing ice-blocks. Characteristics and nature of each food are presented in Table 1.

Table 1: Description of foods analysed

Food	Nature	Description
Melting salads	Solid Mixed : cooked and fresh	Salted food, Melting salads composed by spaghetti, vegetables, Minced meat
Beef skewers	Solid Smoked	Beef smoked piece
Mofoanana	Solid Cooked	Typically Malagasy foods composed by vegetable, Brede fritter
Makasoka	Solid Cooked	Typically Malagasy foods : a kind of French toast
Mofogasy	Solid Cooked	Typically Malagasy foods: Sweet fried food made of rice flour.
Ramanonaka	Solid Cooked	Typically Malagasy foods : salted fried food made of rice flour
Mofoakondro	Solid Cooked	Sweet banana fritter
Chicken skewers	Solid Smoked	Chicken smoked piece
Kobandravina	Solid Cooked	Typically Malagasy foods : a kind of pudding made of peanuts, flour, sugar, grinded and cooked in banana leaves

III. Sample preparations and analysis

Serial dilution

Twenty-five grams (25 g) of each sample was mixed carefully with 225 ml of buffered peptone water. This mixture was homogenized and shaken to obtain a uniform mixture. One ml of the homogenized

food sample was aseptically transferred into a test tube containing 9 ml sterile distilled water. Five dilutions of the homogenates were prepared in conformity with the recommendation of the norm ISO 6887 (6).

Enumeration of Total Aerobic Bacteria

Plate Count Agar (PCA) (Oxoid Ltd, United Kingdom) was used for Total Aerobic Bacteria and was done in conformity with the recommendation of the norm ISO 4833 (7).

Enumeration of *Bacillus cereus*

The recommendation of the norm ISO 7932 was used. 1 ml of the dilution of each food sample was plated onto polymyxin-pyruvate-egg yolk mannitol-bromothymol blue agar plates (Oxoid), which were air dried and incubated at 37°C for 24 to 48 h. Blue colonies with blue zones were subjected to appropriate biochemical tests (9,18).

Detection of *Salmonella* spp.

Salmonella spp was detected with the recommendation of the norm ISO 6579. Twenty-five grams (25 g) of each sample was mixed with 225 ml of buffered peptone water and incubated at 37°C for 16 h. One ml of this culture was pipetted into 10 ml of Rappaport-Vasiliadis Soya broth (RVS). These were incubated at 41°C for 24 h. The culture was streaked into Hektoen Agar. The agar plate were incubated at 37°C for 24 h. The plate were examined for typical green blue colonies of *Salmonella* (8, 16, 19).

Detection of *Escherichia coli* β glucuronidase +

1 ml of the dilution of each food sample was plated onto Eosin Methylene Blue Agar Medium and incubated at 44°C for 24h to 48 h. Black green metallic colonies were subjected to appropriate biochemical tests according to the norm ISO 16649 (11,14).

Detection of *Escherichia coli* O157:H7

This strain was determined using sorbitol MacConkey agar (Oxoid) plates. *Escherichia coli* O 157 H7 doesn't use sorbitol and gives characteristics colonies on this medium. Then, strains suspects belonging to *E. coli* O157H7 must be identified by PCR, using Kit BAX (Qualicon, Inc. - USA) for screening *Escherichia coli* O157H7 with a detection rate around 96,5 % (12, , 14, 16).

Detection of *Campylobacter jejuni*

25 g of the food sample was mixed with 100 ml Preston broth (Oxoid) and homogenized for 2 min. The enrichment broth was incubated at 42°C for 24 to 48 h. The broth culture was streaked onto Skirrow's agar plates (Oxoid), which were then incubated at 42°C. Colonies were Gram stained and tested for oxidase reaction. Suspect colonies were subjected to appropriate biochemical tests, done in conformity with the recommendation of the norm ISO 10272: 2006 (10).

IV. RESULTS

As shown in Table 2, melting salads, beef skewers, chicken skewers and kobandravina were found to be contaminated. A high level of Total Aerobic Bacteria TAB ($>10^6$ ufc/g), *Enterobacteriaceae* ($>10^2$ /g) and *Escherichia coli* β glucuronidase + is noted.

The values of the Total Aerobic Bacteria count was 0.1×10^6 - 4.8×10^6 cfu/g. *Enterobacteriaceae* count range from 0.4×10^2 to 1.9×10^2 cfu/g and *Escherichia coli* count range from 0.04×10^2 cfu/g. to 0.19×10^2 cfu/g.

Pathogen bacteria as *Salmonella* was only present in melting salads, beef skewers, chicken skewers samples. *Bacillus cereus* count range from 0.1×10^2 to 1.5×10^2 cfu/g. *Campylobacter jejuni* was only present in samples of beef and chicken skewers. Two strains of *Escherichia coli* O157 H7 (β glucuronidase -) were isolated and identified by PCR reaction from beef skewers.

Table 2: Microbiological assessment of street foods samples collected in Antananarivo market on 2015-2016.

Number	Samples	TAB. 10 ⁶ /g	Ent. 10 ² /g	E.C.BG+ 10 ² /g	E.C.BG- /g	SLM /g	CAMP /g	BC 10 ² /g
126	Melting salads	4,854	1,927	1,259	A	12,49	A	1,445
70	Beef skewers	3,327	1,72	1,19	2	20,93	0,188	A
67	Mofoanana	0,424	0,785	0,04	A	A	A	0,572
66	Makasoka	0,182	0,489	0,09	A	A	A	0,574
64	Mofogasy	0,517	0,933	0,198	A	A	A	0,299
64	Ramanonaka	0,459	0,474	0,147	A	A	A	0,172
62	Mofoakondro	0,311	0,555	0,067	A	A	A	0,374
54	Chicken skewers	3,998	1,961	1,338	A	2,06	0,942	A
89	Kobandravina	1,585	1,199	1,011	A	A	A	1,553

TAB : Total Aerobic Bacteria

Ent :Enterobacteriaceae

E.C.BG + : *Escherichia coli* β glucuronidase +

E.C.BG - : *Escherichia coli* β glucuronidase -

SLM : *Salmonella* spp

CAMP : *Campylobacter jejuni*

BC : *Bacillus cereus*

A: Absent

V. DISCUSSION

The result of these different analysis carried out on street foods samples revealed that all samples collected were contaminated by microorganisms. This is due to the inadequate personnel hygiene of vendors, the bad condition at which it produced, and using raw materials of poor quality or the fact that they were exposed in an open air because there are several microorganisms (beneficial or pathogen) that we can find in environment (25, 34, 35).

If they are beneficial microorganisms, it is even profitable for the food because it allows to protect them, improve their tastes, their qualities (21). However, for harmful microorganisms, this could have impacts on the food (preservation) and on the consumers.

A high level Total Aerobic Bacteria TAB ($>10^6$ /g) was reported on melting salads, beef skewers, chicken skewers and kobandravina. Its shows a general contamination. The TAB amount allowed to appreciate the general hygiene of the product (from raw material to storage and selling conditions) (31, 35).

Bacillus cereus is only present in highly concentration in melting salads and kobandravina. Their microbial load are superior to the bacteriological criteria. It could be due to the characteristic of this bacteria to metabolize starch while these foods are made of starch.

Enterobacteriaceae is a bacillus Gram negative family. A huge species as *Escherichia coli*, *Salmonella*, *Shigella*, *Klebsiella* ... belong to this family. Due to table 2, melting salads, beef skewers, chicken skewers and kobandravina have a high level of *Enterobacteriaceae*. It shows a faecal contamination of the product from the vendor, from the raw material or during the preparation. However, there are extremely pathogen species in this family and associated with many

cases of food borne diseases (31). However, they could easily be resistant on many antibiotics, which could train a treatment failure (30, 31,32).

Salmonella species belongs to the family of *Enterobacteriaceae*. It is only present in melting salads, beef and chicken skewers. It confirms study led on 2016, which showed especially the implication of melting salads and skewers for several cases of Typhoid fever in Madagascar (29, 31).

Escherichia coli is a bacteria that normally lives in the intestines of people and animals. There are many different types of *E. coli*. Most *E. coli* are found naturally in intestines and play an important role in helping our bodies digest food. However, a few types of *E. coli* can cause diarrhoea and other illnesses when swallowed.

A previous study led in the Urban Commune of Antananarivo, Health Ministry and WHO shows that this species is the first responsible for foodborne disease in Antananarivo on 2016. Indeed, 14 TIAC cases had been noticed in the capital city (29). In fact, melting salads, beef skewers, chicken skewers and kobandravina are the most contaminated food by this germ. Their consumption could train illness as diarrhoea, dysentery. In 2015, *Tsirinirindravo and al* found that melting salads was the first food associated with foodborne illness in Antananarivo. However, it is very appreciated by consumers (29, 31).

Two species extremely pathogens were found in these street foods: *Campylobacter jejuni* and *Escherichia coli* O157 H7.

E. coli O157:H7 is a toxin producing bacteria that causes intestinal disease in people which lasts about one week. Diarrhoea with blood is typical. Haemolytic uremic syndrome (HUS) is a severe complication of *E. coli* O 157 H7 infection (24).

This germ is only present in beef skewers. Most of the times, it is present in meat or hamburger. *Escherichia coli* O157H7 is noted to be responsible of more than 20000 foodborne diseases per year in the United States (24, 33).

Campylobacter jejuni was only present on the two skewers. Infection with *C. jejuni* usually results in enteritis, which is characterised by abdominal pain, diarrhoea, fever, and malaise. Diarrhoea itself can vary in severity from loose to bloody stools (20, 23, 34).

VI. Conclusion

The study aims to determine the microbial quality of pre-cut ready-to-eat vegetable salads sold by food vendors in the Antananarivo markets on 2015-2016.

The most contaminated food are melting salads, beef skewers, chicken skewers and kobandravina. The typical Malagasy food as Mofogasy, Ramanonaka, Menakely are the healthiest, referring to their sanitary hygienic quality.

Melting salad, chicken skewers, beef skewers and kobandravina constitute a health risk to consumers, in terms of microbial quality. The contamination could come from unhygienic food preparation, process, environmental conditions, raw materials and improper food handling. Therefore a research should be carried out to determine the antimicrobial susceptibility of the bacteria identified, Street vendors must be trained about hygiene, Good Practice hygiene GPH. The HACCP system have to be build up for street vendors.

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